



Vol. 41, No. 2

Broadmead, Cockeysville, MD

October 2019

Annual Meeting will celebrate Broadmead's 40th anniversary

By Bob Heaton

Monday, October 21, 2019, will officially mark Broadmead's 40th Anniversary with the Annual Meeting of the Board of Trustees, as well as a sit-down dinner in the Auditorium/ Lounge, and other activities.

At 5 p.m., the meeting, which features thanking retiring trustees and introducing one new one (see story on page 12), will begin, followed by a program including opening the 20th Anniversary time capsule from 1999 and a 40th Anniversary tribute video.

The festivities have been organized by recently arrived Vice President of Advancement and Communication Cindy Yingling, who sent invitations and response cards to residents in mid-September. About 250 persons are expected to attend the dinner, which requires reservations. Holly Terrace and the Magnolia Room will be closed. The Arbor Café will close at 1:30 p.m., and Cindy suggests that residents not attending the dinner pick up to-go items for their evening meal.

The sit-down dinner will offer a preset salad, crab cake and carved tenderloin, a potato medley, and fresh asparagus. Dessert will be a three-tiered 40th Anniversary cake. It will conclude with a champagne toast using take-home glass flutes.

Dinner will be followed by dancing, with music by the Kismet Band. A roving photographer will take pictures throughout the evening.

New Vice President brings a long history with nonprofit organizations

Text and photo by Kathleen Truelove

Cindy Yingling, Broadmead's new Vice

President of Advancement and Communication, is a native Marylander, having grown up in Rockville and graduated from Towson University with certification to teach. As her career path evolved, she moved to the American Heart Association, the



Cindy Yingling

first step in her fund-raising career.

In 1995, she moved to Episcopal Ministries to the Aging, Inc., which became Integrate in 2014. There she again worked in the area of philanthropy, this time in retirement living

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Banner photo of caladiums found in Cluster C by Erroll Hay

PAST & PRESENT – Holly House

By Carolyn Adams

This is the first in a series of articles exploring the history that is still present in the area around Broadmead.

A prominent and historical part of the Broadmead campus is Holly House, formerly known as Mount Repose.

Although the lands in

Cockeysville were patented in the 1600s, the lack of roads prevented much development. A movement for the creation of turnpikes began and, in 1804, the York Turnpike Company was incorporated. In 1810, it opened for business to provide a route connecting the agricultural and other products of the York area to the port of Baltimore. Tollgates were placed at strategic locations on feeder roads, and one of these tollgates is now Broadmead's property. It is opposite the current entrance.

As trade on the turnpike increased, industries developed along its route. By the 1850s, there were a distillery on the west side of the turnpike and an adjacent gristmill on Western Run at what is today Thornton Mill Road. Joseph Thornton had acquired land in the vicinity including the house and mills between 1801 and 1813. The mill, known as Thornton Mill, was built in 1804 and not razed until 1902.

Definite dates for the construction of the building of Holly House are unknown. One account said that it dates to 1712 with an appendage added in 1749. However, no brick buildings in the area were shown on the 1798 tax tables. It is more likely that it was built in the early 1800s. It is a local representation of the Federal style, with side additions. In the Colonial Revival period, a three-bay front

porch and two large dormers were added. The addition of the porch and dormers is typical of progressive "updating" of houses as styles and space requirements changed over time.

After Thornton's death sometime between 1818 and 1823, his executors sold Mount

Repose Farm, consisting of 434 acres, to John Webster. Mrs. Webster resided at Mount Repose until 1863. Upon her death, it was apparently purchased by another member of the Webster family but lost due to

default on the mortgage. In the following years, it passed through several owners and was also called Greta Hall and Western Run Farm. The last owner before Broadmead was Harry Dundore, a Sparks manufacturer who purchased it in 1954.



Holly House as Broadmead's construction began

Whiting-Turner photo



Holly House as Broadmead residents know it today

Erroll Hay photo

Research uncovered the following: "In 1890, it was advertised as being 'one of the handsomest Country Seats in Baltimore County...', complete with '[t]enement house, barn, stables, dairy, ice house, and all other necessary outbuildings'." (From a nonattributed real estate sales description cited in the Sheet No. 2 Maryland Historical Trust NR-Eligibility Review Form dated August 7, 2001. Available from the Historical Society of Baltimore County, Cockeysville, MD.)

Genesis staff offer helpful suggestions at InSight program

Text and photo by Angela Breakey

The September presentation of the InSight initiative featured Genesis Rehabilitation Therapies Director Maureen Horman and Occupational Therapist Becky Shive. The two shared key information for everyday activities of residents with low vision.



Becky Shive

Becky stressed the need for as much **BRIGHT LIGHT** as possible to assist vision. Connecting all lights to one switch provides excellent overhead "daylight." Quilting lamps are available in craft stores at

moderate cost, and a variety of magnifiers can be matched to specific needs.

Second to light is **CONTRAST**. Becky gave kitchen suggestions such as using different colored chopping boards with dark- or light-colored foods. During discussion about bumping into partially open cupboard doors, Becky suggested colored tape borders to alert the eye. Jan York said she uses colored ribbons. Foam pool noodles can be cut to fit furniture pieces to make for softer bumps.

Also suggested was **ORGANIZATION**. If things are always in the same place, visual searches are avoided.

Extensive discussions with residents brought out the fact that Becky can visit homes to evaluate them for safety, comfort, and the clearest vision possibilities, as well as to offer suggestions for improvements. If the Outpatient Department determines that a resident's needs qualify for a referral, Becky's visit can be covered by Medicare.

Maureen and Mary Ellen McMillin discussed the number of residents who are afflicted with both visual and auditory problems that affect their quality of life. Joint meetings of InSight and HearHere have sought help for such residents. As a further piece of advice, residents were reminded that Becky's Low Vision Alert is posted near the Wellness Department.

New Vice President *from page 1*

communities, including Fairhaven, Copper Ridge, and Buckingham's Choice.

With a 93-year-old father living in a retirement community in Lewes, DE, she has personal, as well as professional, experience with senior living.

While away from work, Cindy runs 3 miles several times a week on the track at McDaniel College in Westminster near the beef cattle farm where she and her husband live. She also gardens. Cindy looks forward to getting to know residents and mentioned how attractive the Broadmead campus is, even in its current deconstructed state.

Errors in the September Issue of *The Voice*

Omission from the In Memoriam box of:

Rhett Murphy

February 28, 1938 - July 13, 2019

This error is particularly regrettable, as all but the most-recent arrivals recall Rhett's many contributions to the community, such as longtime leadership of the Barn Sale's Furniture Department; management, with wife Carolyn, of the Display Case and East Hall exhibits; work for the Travel Committee; and his lifetime love of dogs.

Vespers is the third Sunday of each month, not "Sundays" as reported.

Maya Jackson is studying at the University of Maryland Baltimore, not UMBC as reported.

The Voice regrets the errors.

Congratulations to three Broadmead cooks!

Iron Chef Competition, Navigator Culinary Academy

1st place: Dakera Shields

2nd place: Donte Parker

3rd place: Brandon Moulden

Fireside Chat

Monday, October 14

10:30 a.m. Auditorium / Lounge

Catherine Motz's history of Broadmead: "Zoning was to be the problem"

Part two of three, compiled and edited by Bob Fetter from three 1996 issues of The Voice photos from archives

Board chair John Carnell's quiet and assertive yet unassuming manner commanded the respect of all at the zoning hearing, and the panel even thanked him for his presentation. However, on the 29th day of the 30-day period for filing objections, neighbor Kenneth Bosley objected to our zoning and variance plans. It took 6 months to placate him, and those 6 months were lost to us.

Land planning and landscaping contractor, Daft-McCune-Walker, Inc., developed the unique zoning concept to allow for 240 cluster apartment units and the central building. In the center of the property were to be 12 acres of DR-16 (16 units per acre), surrounded by 37 acres of DR-1, with 31 acres of RC-4, retaining the conservation areas of the hillside and flood plain. There were also several variances for parking and walkways and a special exception for the nursing facility.

Finally, in the late fall of 1977, we purchased Holly Hill and filed our plat. Thereupon, Victor Posner's Universal Housing and Development filed an injunction against Baltimore County for signing our plat application. A previous owner's project envisioned a road through our property, extending Thornton Mill Road (closely paralleling Western Run eastward) to Paper Mill Road. Posner wanted to gain access to his 390 acres through our property. Judge Raine of Baltimore County ruled in our favor, but again time had been lost.

With the appointment of Executive Director Martin Trueblood and the site's having been selected and secured, the Board of Trustees turned their attention to the tasks of construction and organization. The Facilities-Activities-Building Committee wrote specifications for the architect to follow. Under the leadership of Kenneth Walker (later, one of Broadmead's first residents and the first president of the Broadmead Residents Association), the group discussed each item in meeting after meeting. Visits to showrooms and conventions suggested

ideas. The volume of work was such that the group divided into two parties: Construction and Activities.

Whiting-Turner was signed on as construction manager. A guaranteed maximum price of \$17,867,000 (later increased to \$18,213,000) was agreed upon. Whiting-Turner's responsibility was to do preplanning, to prepare and advertise bids, and to recommend which bids to accept. On Whiting-Turner's advice, the Board negotiated with the bidders. Whiting-Turner then supervised construction, applied for the necessary permits, met legal requirements, and, in general, handled the details. Site preparation, draining, landscaping, and construction of the central building and clusters were all included. In the end, the erection of the clusters was subcontracted to homebuilders Heiser & O'Shea who were more experienced in this type of building.



Whiting-Turner photo from 10/26/78. Just 11 months to go. Where are the trees?

The Board's Construction Committee, responsible for bids and change orders, daily faced problems. Great delay resulted while drilling jack holes for the three elevator shafts. Abnormal quantities of subsurface material were excavated, and often the holes caved in. It required forced grouting of a sand and cement mixture to make the soil more stable—at an added cost of \$143,000.

Continued on page 5

HISTORY *continued from page 4*

Disagreements about the use of nonunion laborers were not mollified until two separate entrances were provided for union and nonunion workers. Delays in construction deferred new resident move-ins, with Baltimore County permits not forthcoming. Our residents who had sold their homes and



Whiting-Turner photo from 6/4/79. Only 3 months out. Will it really be done on time?

had moving dates assigned were instead provided temporary quarters in Holly House or at motels, or...they found relatives they could stay with. Broadmead paid their restaurant bills. Mud was everywhere, with staff and volunteers coping daily with problems.

Next month: Occupancy!

Catherine Motz (1915-2006) was Broadmead's second Board chair (1977-1981) and a resident from 1989 to 2006.

MULTICULTURAL COMMITTEE

Jennifer Marañna will lead **Story Circles** in the Magnolia Room on Tuesdays October 8, 15, and 22 at 2 p.m.

We learn through stories, both our own and those of others.

OPEN FORUM

Friday, October 4 7 p.m. Auditorium

W. Courtland Robinson

Son of residents Court and Sally Robinson

South Sudan:

New Nation State, Old Problems

Policy on flags, political signs reflects earlier Board positions

By Bob Heaton

At the September Fireside Chat, Chief Operating Officer Robin Somers announced that an Administrative Policy regarding residents' displays of flags and signs expressing political views has been formalized. The pioneer Board of Trustees addressed the issue in 1980 and determined to permit the use of US flags by individual residents at their apartments. The topic came up again after 9/11/2001 and again in 2004. Each time the policy was reaffirmed but never codified as an official Board or Administration "policy."

The Administration's recent action was in response to a number of complaints of the proliferation of political flags and signs on campus. BRA President Ann Heaton notes that subsequent to the mention of the issue at the BRA Board of Directors meeting in late July, some of the flags and signs disappeared, indicating that residents began to reason together to reach accommodations.

Robin urged residents to focus on what unites us as a caring, loving community rather than on issues that tend to inflame and divide us.

The policy, as Robin read it, states:

Displays of political signs or flags are not permitted on the Broadmead campus or in administratively controlled areas. Political flags and political signs are not permitted to be displayed in interior areas that are visible from the outside.

Broadmead is an authorized polling site for the Baltimore County Board of Elections. Only on official election days, when the Broadmead polling site is in operation, may political signs be displayed near the polling site, in accordance with the Board of Elections rules and regulations. Residents may not display political flags or signs at their homes on Election Day.

The United States flag may be displayed in the front or rear of resident garden homes and the Uplands and York apartment buildings.

Broadmead Welcomes

Bea Griffith, C-6, 443-578-8309,
cell: 410-935-0390, Beagriffith@icloud.com,
August 2019

Newly graduated from college, Bea Clarke sat next to Teddy Griffith at their jobs at the welfare office on the 1500 block of Greenmount Avenue, near the Green Mount Cemetery.



Bea Griffith

After about a week of acquaintance, Teddy wrote Bea a note asking her to marry him. She gave it back to him, refusing the proposal, and he tore it into bits and threw it into the waste basket. Much later, Teddy learned from Bea's mother that she had retrieved the note, pasted it back together,

and put it into a scrapbook. (Teddy says that Bea's mother was very fond of him.)

Bea is a native Baltimorean, growing up amid numerous relatives in the Dixon Hill area of Mount Washington. She graduated from Eastern High School and then went on to Washington College in Chestertown for a degree in psychology. When she and Teddy lived in Bolton Hill, she worked at the Family & Children's Society, commuting across the street to her job. After their children, two boys and a girl, were born, Bea left that job but continued with volunteer work.

Bea has enjoyed needlework, tennis, photography, and gardening until arthritis in her hands interfered. Later in life, she took up golf, a sport in which she has won trophies. She has delved enthusiastically into genealogy, which has taken her to fascinating discoveries of the lives of interesting, and sometimes prominent, ancestors.

Text and photo by Kathleen Truelove

BROADMEAD WRITERS GROUP

Fridays 4 p.m. Fireplace Room

All writers welcome!

Questions? email maggie.babb@gmail.com

Frederick (Teddy) Griffith, C-6,
443-578-8309, August 2019

Teddy Griffith, an ophthalmic administrator, was instrumental in opening about 36 eye banks all over the United States and internationally. Before retiring in 1998, he was founder and Chief Executive Officer (CEO) of Tissue Banks International in Baltimore. During his career, Teddy and his wife Bea, who worked as his project coordinator, went around the world about 20 times.

Originally from New Castle in the far western reaches of Pennsylvania, Teddy spent part of his childhood in Cumberland, MD, where he had some family. He then



Teddy Griffith

moved farther east to the Murray Hill neighborhood of Baltimore, attending Mount Washington Country School for Boys and then Baltimore City College for high school. At age 17, he contracted polio and spent time in an iron lung. He was

fortunate to have had excellent care and was able, in recovery, to attend Johns Hopkins University and to lead a full life.

Teddy and Bea, who have been married 60 years, lived for 21 years in Bolton Hill, 12 years on the Miles River on the Eastern Shore, 17 years in Ruxton, and finally in the Chapelgate development in Mays Chapel before moving to Broadmead. Teddy did not want to live in a high rise, so Broadmead fit the bill. Along the way, the Griffiths also maintained a home in Palm City, FL, where they spent 5 months a year for about 20 years.

Teddy was an enthusiastic golfer and is a fan of classical music and crossword puzzles. He has taught Sunday school. He also taught opera in Florida and at Roland Park Country School's adult evening programs.

Text and photo by Kathleen Truelove

Broadmead Welcomes

David R. Bulmer, HH-257, 603-566-9063, drennieb@gmail.com, June 2019

Three months after moving to Broadmead, David Bulmer is in his second Hallowell room after having moved from G cluster just 2 months earlier. He is taking these multiple moves with a great deal more calm than most of us other residents would.

Born and raised in London, David attended university in Edinburgh. Under the English system, where a student declares his/her specialty upon entering university, David majored in medicine and in 1968, after a 6-year course of study, he had a bachelor's



David Bulmer

degree in medicine and surgery (MBChB). He then came to the United States for a 1-year internship in general medicine, having chosen the University of Colorado School of Medicine over Johns Hopkins. He

pointed out the irony that he had been dissuaded by his advisor from accepting an internship at Hopkins because Baltimore was a "rough town." Returning to Edinburgh, David entered the program for a certificate in psychiatry, which he obtained in 1972 from the Royal College of Psychiatry in Edinburgh.

Although David stayed on for 4 years in an academic position at the Edinburgh School of Medicine, he eventually succumbed to the lure of the United States and took a job at Emory Medical School. After jobs in Hartford, CT, and Worcester, MA, David abandoned academic medicine and took a position as director of the psychiatric unit at Catholic Medical Center in Manchester, NH, where he stayed for 30 years.

David and his late wife, Carolyn, traveled regularly, mostly in western Europe, although their last trip was a 6-week tour of India. They also took long 20-mile hikes. Carolyn passed away in 2014. David has two children: Mark and Tasmyn. Mark lives in Towson; Tasmyn, in Tarrytown, NY. Each has two children.

Text and photo by Jackie Mintz

Doctrine of Discovery: A tool for oppressing native peoples

By Bob Fetter, photo from the Internet

In a late-August address sponsored by the Multicultural Committee, Alice Nash,



Alice Nash

Professor of History at the University of Massachusetts, told a Broadmead audience about the Doctrine of Discovery, a philosophy that rulers of Christian nations have used to dominate indigenous populations for centuries.

The Crusades and the expulsion of the Moors from the Iberian Peninsula were the seeds of the doctrine that was proclaimed by Pope Alexander V in 1493. It asserted the right of a Christian prince or ruler to claim lands inhabited by heathens or infidels if not already claimed by another Christian power.

Nash noted that the 1823 Supreme Court decision in *Johnson v. McIntosh* concerning land ownership was an extension of the Doctrine of Discovery. It concluded that indigenous persons have rights of occupancy but not ownership. This philosophy continues to influence relations with Native American tribes and individuals.

Several faith communities are currently studying the Doctrine of Discovery's implications in an effort to seek more equitable relationships with Native Americans. The United Nations, in 2016, set up a permanent forum on indigenous peoples' issues all around the world.

Alice Nash is the niece of late Broadmead resident Teru Mottley.

Maggie Babb assisted in producing this story.

MULTICULTURAL COMMITTEE

Intergenerational Art Classes with Govans Elementary School students, their "Dragons after Dismissal" (DAD) program
Saturday, Oct. 12, 1 to 3 p.m. Art Studio
Future Sat. sessions on 12/7, 3/14, and 5/2

Broadmead Briefs

Compiled by Bob Heaton, photo by Teri Starks

Construction refugee

While walking from the employee parking lot to the Center, Executive Assistant **Teri Starks** came upon "Bambi," who appeared to be



Bambi

huddled under a ledge as if to escape the clamor of construction. While Teri took this photo, Outpatient Department (OPD) Director **Chad Craig**

and Social Worker **TJ Krug** joined her. Chad gave assurances that the youngster was OK and simply resting. The group did wonder where the fawn's animal protector was.

Bernie Anderson's photo exhibit

Text and current photo by Jackie Mintz

Photos in the Lower Hall by **Bernie Anderson** from his 1954-1955 tour of duty in the Far East show people and societies that seem centuries away. How different those



Bernie Anderson in the 1950's and today

societies were, defined by agriculture and manual labor, in contrast to the gleaming skyscrapers and high-tech amenities one sees these days in newspapers and TV! Only the beautiful gate and Buddha are unchanged.

The exhibit, sponsored by the Broadmead Photography Club, will run through October. It will be followed in the Lower Hall by the smart phone photo contest winners.

Monthly grief support is available

Health Care Administrator **Ann Patterson** has announced that Carroll Hospice is sponsoring a monthly support group for residents who have experienced the death of a spouse, partner, close friend, or family member. Attendees receive emotional support and discuss coping techniques. Sessions are held in the Seminar Room from 10:30 a.m. to noon on the second Tuesday of each month through July 2020. Registration is required. Call **Jessica Roschen**, M.S., at 410-871-7656.

Joe Nietubicz volunteers as office manager, succeeding Ned Clapp

By BRA Second Vice President Jack Griffith, photo by Bob Heaton

We have been so impressed with the willingness of Broadmead residents to step up when a situation needs help. This virtue has been demonstrated again recently when



Joe at his new desk

Joe Nietubicz volunteered to step in as BRA office manager after the passing of Ned Clapp, who, for years, was a helpful presence in that lower-floor office.

You will see Joe a couple of hours on most mornings working at bringing the office up-to-date. As we all know, Joe is a technology expert. He immediately acquired a computer and printer and is now looking for a scanner that will take multiple pages at a time. While helping to clean up out-of-date files, he is also thinking of ways to digitize the Resident Association's old records so they can be searched by any computer.

So, when you see Joe, thank him for his time and efforts to bring the BRA office into the digital era.

Dave Sutton and George Pattee appear at August Exchange

By Bob Fetter, photo by Stan Wilson

At the August Exchange session, Dave Sutton, Facilities Coordinator, and George Pattee, Director of Safety and Capital Planning, shared stories about their lives beyond Broadmead. Both spoke of their



Dave Sutton, George Pattee

satisfaction in serving the Broadmead community, along with some background about what brought them here.

Dave is a lifelong Marylander and a man of few words, although his enthusiasm for both his work and life generally is quite clear. To quote Dave directly, "I was most happy to tell my Broadmead story to those who may not have known my progression to my current position: [from] Dutyman to Project Manager." Around age 50, Dave married Julie Heffner, formerly Director of Social Work at Broadmead.

George was born in Vermont and lived some of his younger years in a small New York town in the Adirondacks. He moved to Maryland in his later school years. An early job was as a dining room server at Erickson's Oak Crest community. He has three children.

HEALTH CARE LECTURE

Food: Facts Versus Myth

Diana Sugiuchi, RDN, LDN

Tuesday, Oct. 15 10:30 a.m. Auditorium

FIRST MONDAY BOOK GROUP

Becoming by Michelle Obama

Monday, Oct. 7 10:30 a.m. Auditorium

The Story of Arthur Truluv by Elizabeth Berg
Monday, Nov. 4 10:30 a.m. Auditorium

Both moderated by George G. Toole, Rev. D.

Dignity quilt introduced at September Fireside Chat

By Elsa Collins

At the September Fireside Chat, Health Care Administrator Ann Patterson introduced a quilt made by six Broadmead residents. Last April, Ann had asked if anyone was interested in making a quilt to be used to cover the gurney as a deceased resident leaves the building. Carole Glowacki responded and found five Broadmead quilters interested in making such a quilt.



Left to right: Elsa Collins, Carole Glowacki, Kitty Anderson, Marilyn Winkelstein, Mary Ellen Saterlie

Top photo, Bob Heaton Inset photo, Kathleen Truelove

The pictured team, plus Bonnie Griffith, began the process that involved choosing a pattern, selecting and cutting fabric, and assembling and binding the finished quilt. The quilt pattern features floral panels alternating with a zigzag panel of ribbon strips. A professional quilter completed the project with machine quilting.

Ann said that the loving work by six residents, with the encouragement of others, exemplifies the care the Broadmead community has for its members and is an appropriate means of expressing a respectful "goodbye."

Eating for Health

Text and photo by Beth Wells

This is the second in a series of articles on this important subject. It is a smorgasbord of brief topics.

Salt. In response to residents' feedback, Dining Services has reduced the amount of salt in a few popular dishes. The Maryland crab soup is now made with a base of low-sodium V8 juice and with less Old Bay seasoning than in the past. Ham in the deli is now also lower in sodium, and the popular mac and cheese dish is made in-house to reduce the sodium.

Trans fat. There are no trans fats in the cookies or the muffins served by Dining Services.

Fresh salads to order. Dining Services has funds in its fiscal year 2020 budget to install a new unit in the deli area that will allow staff to make salads to order from available ingredients for residents. This new option is expected to be a special hit with residents during the flu season, when the self-serve salad bar is closed and premade salads are packaged. Residents will be able to order these salads by July 1, 2020.



Left to right:
Sous Chef
Dave Lockmar,
Cold Cook
Jaquan Bynum,
Executive Chef
Jerrell Fleming
in new uniforms
for cooks and
cold prep staff

Feedback welcome. Input and requests from residents are welcomed by Dining Services. Suggestions help the dining management team to continuously improve the menu options. Residents are encouraged to share their requests or comments in person or by e-mail with Dan Hall (fschef@broadmead.org), Jerrell Fleming (jfleming@broadmead.org), or Melinda Purkey (melinda@broadmead.org) or with the BRA Food Service Committee on a dining comment card. If you have a suggested topic for a future "Eating for Health" column, send it to Beth Wells at wellscoach@verizon.net.

Computer expert from UMBC cautions residents regarding Internet dangers

By Ed Hirschmann, photo by Bob Heaton

Personal privacy and security, while highly cherished, are also in increasing danger from misuses by cyber thieves.

This was the theme of a talk made recently by a computer expert, Anupam Joshi, PhD, Director of the Center for Cyber Security and



Anupam Joshi

Chair of the University of Maryland Baltimore County (UMBC) Computer Science and Electrical Engineering (CSEE) Department. He transmitted his alarms from the lecture platform of Broadmead's Open Forum.

Joshi observed that Twitter now has 1.3 billion individual accounts worldwide. He asked, rhetorically, "Is privacy normal in human affairs?" Beware of swindlers. Once you give your data away, it can never be controlled." However, he said that 90 percent of computer "cookies" can be erased. "I don't accept third-party cookies at all," he said.

In the question and answer session, Joshi said Google, Facebook, and others have done a few things to promote the privacy of their users, but not enough. It is an area that cries out for governmental regulation. However, as Joshi noted, there are no holders of computer science degrees in Congress.

The speaker, who is from New Delhi, India, is in his 21st year on the faculty of UMBC. He earned his PhD degree at Purdue University.

Metropolitan Opera Bus Trips to Charles Theater

Bus leaves Lower Level at noon
Bus charge: \$15 round trip

Turandot - *Giacomo Puccini*
Saturday, October 12

Manon - *Jules Massenet*
Saturday, October 26

Buy opera tickets at the box office
Sign up behind reception; home in time for supper

New program will investigate role of trauma in Hallowell patients' illnesses

Text and photo by Bob Heaton

The Centers for Medicare and Medicaid Services (CMS), a federal organization formerly known as the Health Care Financing



Teresa Geroulo

Administration, has issued a regulation to take effect in November 2019 requiring nursing care facilities (Hallowell) to operate a program called Trauma-Informed Care.

There are many definitions and descriptions of trauma. One promulgated by CMS is the following: *Individual trauma results from an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or life-threatening, and that has lasting adverse effects on the individual's functioning and mental, physical, social, emotional, or spiritual well-being.*

There are also many descriptions of the program. One of the best is from the Wisconsin Health Department: *Trauma-informed care is not a therapy, intervention, or specific action. It is an approach to engaging people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives.*

Director of Social Work Teresa Geroulo will be responsible for administering the program at Broadmead. She has had extensive online training, particularly from Leading Age, the national consortium of continuing care retirement communities. To prepare for implementation of the program, she has met with the Leadership Team and two Board committees. She expects to find times to educate residents about the program and report on how it is working on Hallowell.

Families need to be told about residents' final wishes in advance

By Sue Baker, photo by Bob Heaton

Ann Patterson, Health Care Administrator, suggests that in the closing years of one's life, a resident should converse with family about matters that have been put off, "waiting for a good time to talk." Does the family know one's wishes about do not resuscitate (DNR) orders? Or choices regarding a funeral? Cremation versus burial? On all important matters, will the people likely to speak for one convey what would have been intended by the person who is no longer there?

This also may be a good time to share with family the main points of one's will. Lasting damage to relationships among family members can be prevented by finding out what seems fair to them and by discussing the rationale for one's choices.

Conversations at this time can lead to changes that will help everyone to understand and be supportive. Without such a conversation, needless hard feelings among heirs can undo the good that might otherwise result from the disposition of one's estate.

In addition to the legally binding will, writing an "ethical will" is worth considering. This is a personal document telling the family about one's values and life lessons. It might note things such as guiding principles, memories, spiritual values, and hopes for the family's future. It can include favorite stories and fond memories that may mean a great deal to loved ones. A person's greatest challenges might otherwise never be known, and a chance for others to share one's happiest memories could be lost. This document might also include practical information such as account numbers and passwords, if not previously disclosed.



Ann Patterson

New trustee: A lawyer turned farmer

Text and photo by Jackie Mintz

The sole person appointed to the Broadmead Board of Trustees this year is Elizabeth "Beth" Harlan. An attorney



Beth Harlan

specializing in litigation, Beth practiced law for some 10 years in San Francisco before returning to Baltimore, where she was a principal in the litigation department for Astrachan Gunst Thomas. This past year, she turned from full-time lawyering to farming. Now of counsel to the law firm, she has taken on full-time responsibility for her family farm, Belvedere Farm, in Harford County. She returned, she explained, because she wanted to preserve the farm, which has been in her family for five generations. The farm grows cut flowers. Instead of briefs and oral arguments, Beth now runs a business with eight employees. As "of counsel" to her law firm, Beth will consult and cooperate in certain cases.

Beth's legal expertise includes intellectual property and business and employment disputes. She has lectured on trademark law, gun laws, workplace violence, drugs in the workplace, and the Americans with Disabilities Act.

Beth attended Mount Holyoke College, from which she graduated magna cum laude. She received her law degree from the University of California Hastings College of the Law.

Beth has extensive Quaker and Broadmead roots and ties: She is the niece of Mary Ellen Saterlie and Alice Harlan Remsberg. Mary Ellen is a current resident and former chair of the Broadmead Board of Trustees. Alice also served as a member of the Board. Beth serves on the board of the Miles White Beneficial Society of Baltimore City, a Quaker foundation that awards grants to Baltimore-area organizations that focus on people in need. She also is a trustee and co-clerk of Little Falls Monthly Meeting of Friends.

Beth lives in Harford County with her husband and two children.

New Writers Group leader is active in many genres

By Gwen Marable, photo by Lucy Wright

Maggie Babb, the new leader of the Writers Group, is a multi-genre artist who moved to Broadmead in May 2018. A member of



Maggie Babb

Hollowdeck Writers Guild in Maryland, she has hosted a monthly writers group, the Firedrake Writers, for 11 years. She says she writes poetry, her primary love, to make sense of the world.

Maggie says, "A writer is someone who writes. Here [the Writers Group] there is a place for every writer. Memory and observations can become a story, a poem, or essay. There is no critiquing, just careful listening. We respect every voice and keep all writing confidential. Accomplished and beginning writers learn from each other."

The Writers Group began in March 1995 with five members. Phyllis Tyler, the mother of Baltimore author Anne Tyler, was one of the original five. Lynn Buck was another, continuing as its leader until Ruth Williams took over. She was succeeded by Elborg Forster, Anne Allen Dandy, and James Crowder.

OPEN FORUM

Friday, October 11 7 p.m. Auditorium

Jesse K. Smyth

Granddaughter of late resident Don Smyth

When in Doubt, Hike!

Thru-hiking the Appalachian Trail

MaCCRA will host legislators

By Ed Hirschmann

A year of intense political activity at Broadmead, climaxing with the presidential election in November 2020, will begin on October 9 at 7 p.m. with a prelegislative meeting with the local delegation to the Maryland General Assembly.

The meeting has been arranged by the campus chapter of the Maryland Continuing Care Residents Association (MaCCRA), which represents residents' interests in political affairs. Plans were announced by the chapter chair, Denise Love, who emphasized that all Broadmead residents are invited to the meeting, even those who are not chapter members.

"State legislators whose districts include Broadmead have accepted the invitation," Denise said. These are Senator Christopher West (R), Delegate Nino Mangione (R), and Delegate Michele Guyton (D).

The annual session of the Maryland General Assembly will begin in January 2020. The legislators will discuss what issues affecting senior living might arise and possibly speak of pending projects that could limit the amount of state funds available to apply to senior interests.

Broadmead-connected classical pianist will appear on October 16

By Denise Love, photo from the Internet

Chamber pianist Momoro Ono, son of residents Takashi and Sachiko Ono, will perform at Broadmead on Wednesday,

October 16, at 7 p.m.

Since 2008, Ono has taught applied and classical piano in the Music Department of Creighton University in Omaha, Nebraska. He earned bachelor's and master's degrees at



Moromo Ono

Juilliard, received his Artist Diploma and doctorate from the Peabody Conservatory, and has won several international competitions.

Adventures in Learning series paints a vivid picture of an earlier Baltimore

By Ed Hirschmann, photo by Bob Heaton

In his first of four talks, Jack Burkert of the Museum of Industry spoke of "Baltimore in the Roaring Twenties, A Modern City Emerging." Heavy industry lined the Jones



Jack Burkert

Falls Valley, Canton, and Locust Point (in South Baltimore). The city became famed for its garment factories, with names such as Sonneborn, Schoeneman, and Greif. Other industry included Domino Sugar, McCormick spices, and, biggest of all, a steel mill at Sparrow's Point,

which in 1916 had become Bethlehem Steel with 18,000 workers during World War I.

Culturally, Baltimore in the 1920s was the home of H. L. Mencken, Eubie Blake, Cab Calloway, and the "city within a city" around Pennsylvania Avenue for the rising Black population. The 1920s era was also the Jazz Age and the "Noble Experiment of Prohibition," which, said Burkert, Maryland was reluctant to enforce.

Burkert's second talk traced the Port of Baltimore to its beginning in 1706. The earliest shippers expected Maryland tobacco to be their biggest crop, but instead it was Maryland-grown wheat, as well as milled flour, shipped to Ireland and then many points in Europe. Later, shippers developed close links with Bremen, a North Sea port in Germany, which served as a link for European migration in the 19th century.

Baltimore bankers and merchants needed constant improvements to keep ahead of rival ports, such as New York. The Baltimore and Ohio Railroad (B&O) opened its first 12-mile line to Ellicott City in 1828, a counter move to New York's Erie Canal, as a way to ship goods to and from the West. Baltimore also prospered then through the shipment of slaves to the South, to work the expanding cotton plantations.

Religion at Broadmead Friends Meeting for Worship

Sundays, 11 a.m.
Auditorium

Interfaith Vespers

3rd Sundays 4:30 p.m. in the Lounge

October 20: Pastor Dayton Lewis
and his wife; Harmony Freewill Baptist

Convener needed. Gay Block is retiring.

Bible Study

(sponsored by
Govans Presbyterian Church)
Tuesdays, 10 a.m. Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)

Second Wednesdays, 10 a.m.

Fireplace Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)

First Thursdays, 10:30 a.m.

Dining Room Flex Space

Conversations in Morals and Ethics

Thurs. Oct. 10 10:30 a.m. Fireplace Room

What Will Humans Look Like in 100 Years?

In Memoriam

Rhett Murphy

February 28, 1938 - July 13, 2019

Edward (Ned) Clapp

April 25, 1941 - August 24, 2019

New Arrivals

Jack Leddon, R-7 512-698-1452

Sylvia Moore, G-4 443-578-8297

Moving Around Broadmead

From To

Dorothy Sinclair M-9 T-313

Dagmar Miller HH-243 HH-269

Pia the fickle cat

Text and photo by Jackie Mintz

A tortoiseshell cat with brilliant green eyes, Pia greets a recent visitor with enthusiastic chirps and follows her around. This is



consistent with the advance descriptions of her personality. Like most cats, though, Pia is not consistent and sometimes goes into noncooperative mode, refusing to stay still to be photographed or to engage in her usual

sitting-in-strangers' lap conduct. As resident Pat Lackey explained, Pia's name also stands for "pain in the a__."

Before she joined Pat's family, about 10 years ago, Pia lived with the family of a contractor employee at Broadmead who could not keep the cat but whose daughter had leukemia and was devoted to the cat. So Pia was surrendered to Pat on the condition that the daughter could visit whenever she wanted.

Although characteristically outgoing and sociable, Pia hides when things are not going right. One hiding place is a self-created hole in the bottom of the mattress; another is a cubby carved into the bottom of an upholstered ottoman.

DISPLAY AREAS in October

Atrium: Continuation of "Creative Expressions"

Display Case: Continuation of rock collections

East Hall: Complementary Colors watercolor exhibit
by nine artists in a class including Carolyn Murphy

Lower Hall: Bernie Anderson photos. Story on p. 8

GREENHOUSE

Reopens November 1

Residents are responsible for moving plants to the greenhouse and tending them thereafter. Plants that die in the greenhouse will be discarded.

LET'S SING

Monday, October 28 7 p.m. Auditorium

BROADMEAD MOVIES

7:00 p.m. Auditorium

Tues., Oct. 1 *North by Northwest*

Alfred Hitchcock's mistaken identity thriller in which Cary Grant and Eva Marie Saint are chased by both bad guys and police by train, plane, automobile, and crop duster.

1959 NR 2 hours 16 min

Sat., Oct. 5 *Nostalgia Triple Feature*

Road Runner cartoon, 1975 5 min

3 Stooges' Disorder in Court, 1936. 17 min

A Chump at Oxford Street sweepers Stan Laurel and Oliver Hardy foil a bank robbery, earning a scholarship to Oxford where they have acceptance problems with students.

1939 Approved 1 hour 25 min

Tues., Oct. 8 *Gone with the Wind, Part 1*

Turbulent romance rages between Scarlett O'Hara and Rhett Butler as the American Civil War begins and plays out.

1939 Passed 2 hours

Sat., Oct. 12 *4 Weddings and a Funeral*

It takes Hugh Grant five social occasions to identify his feelings about American Andie MacDowell. Lots of laughs along the way.

1994 R 1 hour 57 min

Tues., Oct. 15 *Gone with the Wind, Pt. 2*

Rhett and Scarlett marry, but the turbulence continues amid the stressful Reconstruction years. Their daughter dies. Scarlett blames Rhett. Can their love survive this tragedy?

1939 Passed 2 hours

Sat., Oct. 19 *Chocolat*

A single mother and her daughter shake up a French village by opening a business with Sunday hours. But their sweets win the day.

2000 PG-13 2 hours 1 min

Tues., Oct 22 NO MOVIE. Barn Sale prep.**Sat., Oct. 26** *Hold That Ghost*

Service station guys Bud Abbott and Lou Costello inherit a fortune from a gangster. Troubles arrive when they try to collect it.

1941 Passed 1 hour 26 min

Tues., Oct. 29 *The Horse Whisperer*

Robert Redford plays a healer with mystical talents who comes to the aid of an injured horse and traumatized teen girl in Montana

1998 PG-13 2 hours 49 min

Sat., Nov. 2 *Blazing Saddles*

Wonderful Wild West spoof in which a corrupt politician hires a black sheriff. It's a plan that goes spectacularly wrong.

1974 R 1 hour 33 min

Hallowell and Taylor Events

Wednesday, October 2, 3:00 p.m.

Jewish New Years' Music Program

with Judy Stamberg

Taylor Great Room

Saturday, October 5,

By Advanced Reservation

Hallowell and Taylor Hall Crab Feast and Picnic

Auditorium

Monday, October 7, 3:00 p.m.

Monthly Nature Discussion

with Ann Patterson

Taylor Great Room

Sunday, October 13, 6:00 p.m.

Piano Music with Esther

Hallowell Central

Monday, October 14, 3:00 p.m.

Oktoberfest with Music by Ron Onda

Hallowell Garden Dining Room

Wednesday, October 16, 3:00 p.m.

Monthly Birthday Party

with Music by Steve Flynn

Hallowell Garden Dining Room

Tuesday, October 22, 2:30 p.m.

Zoomobile

Taylor Great Room

Voice of the Residents

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BRA has plenty of **FURNITURE** stored in
Holly House for sale. *We Deliver!*
For an inspection appointment, call Duffy:
443-578-8226 or 410-960-7562
after 10 a.m.

Cabaret Music & Dancing

Monday, October 14 7:00-8:30 p.m.

Lounge *Everyone Welcome!*

HearHere

Program on purchasing hearing instruments

Stephen Bowditch, Audiologist

Assistant Professor at Johns Hopkins University

Wednesday, Oct. 30 10:30 a.m. Auditorium

CORNER CUPBOARD

Weekdays except Wednesdays **9:30** - 4:30

Closed 1:30 - 2:30

(note the new opening time)

Broadmead Barn Sale

13801 York Road, Cockeysville, MD 21030



(Residents and Employees only)

Thursday, October 24, 2019

1:00pm to 5:00pm

Appliances, Furniture,
Pictures/Frames

Friday, October 25, 2019

8:30am to 2:30pm

Saturday, October 26, 2019

9:00am to 12:30pm

(Half price all day)

Women's & Men's Clothing * Shoes * Handbags * Jewelry
Furniture * Lamps * Pictures/Frames * Linens * China/Glassware * Kitchenware
Luggage * Books * Power Operated Vehicles (Amigos)
Walkers * Appliances * DVDs * Baskets * This & That
Holiday Shop * Broadmead Honey

Friday Only: Baked Goods

Old & New Shop: Friday - 8:30-2:30; Saturday - Closed